



## **Off the Ground Ink Aftercare Instruction**

**\*Your tattoo may take 2-4 weeks to heal. The first few days and weeks are the most important for your new tattoo.\***

- 1. Leave the bandage on for 2 hours. If you received a saniderm, you may leave it on for up to 4 days.**
- 2. Make sure your hands have been washed thoroughly before you remove the bandage.**
- 3. After removing the bandage, gently clean the tattooed area with unscented soap and water. DO NOT use hot water or any bodywash. DO NOT scrub the tattoo with a brush or towel.**
- 4. Dry the tattooed area by gently patting the area with a clean paper towel. DO NOT use your everyday towel since it may cause infection.**
- 5. Let your skin do its job and heal, DO NOT re-bandage. You are good for today.**
- 6. After a few days you may notice some peeling and possibly a little scabbing of your tattoo. Please DO NOT pick at scabs or scratch your tattoo. At this point you may start to moisturize your tattoo with tattoo lotions at least once a day for the best result.**
- 7 If you see a sign of infection, please contact your doctor asap.**

### **Things you want to AVOID during healing process:**

- To minimize the chance of infection, you MUST avoid swimming or using any shampoos.**
- Avoid direct sunlight, you can use a > SPF 50 sunscreen if you have to.**
- Avoid scratching your tattoos.**
- Avoid wearing rough and tight clothing.**
- Avoid activities that cause you to sweat a lot, if you have to, please make sure you clean and dry your tattoo properly after. However, it will most likely hurt the healing result, please be aware of that.**



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